

What is Partner Abuse?

The use, attempted use, or threatened use of physical force, violence, a deadly weapon, sexual assault, stalking, or the intentional destruction of property, or behavior that has the intent or impact of placing a victim in fear of physical injury, or a pattern of behavior resulting in emotional/psychological abuse, economic control and/or interference with personal liberty.

What is Child Abuse?

Child Abuse includes physical injury, sexual abuse, physical neglect, and emotional cruelty.

What is Child Neglect?

Failure to provide for a child's physical needs to include: lack of supervision, inappropriate housing or shelter, inadequate provision of food, inappropriate clothing for season or weather, abandonment, denial of medical care, and inadequate hygiene.

Are you in an Abusive Relationship? Are you a Victim of Sexual Assault?

If you're in one of these situations and need help or just answers to some questions before deciding how to get help, call the Victim Advocate Hotline (322-3418). Advocates will help answer your questions on how to leave a relationship or how to get help for your partner. This help may include helping you to find food and housing, accompanying you to court, or to get a Protective Order. NOTE: Military staff are required to make a referral to the Family Advocacy Program if a person discloses their name and a specific incident of domestic or child abuse. If you have concerns about your privacy, you don't have to give us your name. We will still try to get you the help you need.

**Call the hotline at 322-3418
or the ACS FAP Office,
396-5521/4175**

Community services available through Fort Bragg:

Ambulance/Emergency	911
American Red Cross	910-396-1231 877-272-7337
Army Community Service	910-396-8682/8683 800-457-4636
Life Consultants	(910) 489-5528 (910) 391-9171 (910) 489-8020/8021
Military One Source	800-342-9647
Army Substance Abuse Program	910-396-4100
Chaplain, Family Life Section	910-396-4157
Child Advocacy Center	910-486-9700
Child and Youth Service	910-396-8110
Crisis Line (24 hours)	910-396-HELP
Domestic Abuse Hotline	800-799-SAFE
CARE Domestic Violence Shelter	910-323-4187
Family Advocacy Program	910-396-5521/4175
Fayetteville VA Medical Center	910-827-7940
Installation Chaplain's Office	910-396-1121
Legal Assistance (JAG)	910-396-6113
Military Police (Non Emergency)	910-396-9103
New Parent Support Program	910-396-5521/4175
Rape Crisis Center	910-485-7273
Retirement Services	910-396-5304
TRICARE	877-TRICARE
Veteran Affairs Hospital	910-488-6252
Victim Advocate Hotline	910-322-3418
Womack Advice Nurse	910-907-NURS
Womack Information	910-907-6000
Womack Dep. of Social Work	910-907-7869
Cumberland Co. Dep. of Social Services	910-677-2450
Women's Center of Fayetteville	910-323-3377

**National Domestic Violence
HOTLINE** 
1-800-799-7233

Did you know there is an Army program to help if you...?

- ~ are in an abusive relationship.
- ~ know a child who is being either abused or neglected.
- ~ are a victim of sexual assault.
- ~ are wondering where to find marriage or parenting help.

**Help is just a
Phone Call
away...**

**Call the ACS Family
Advocacy Program at
910-396-5521/4175**



Welcome to the Place to Help your Family be all it can be!



**Family Advocacy Prevention/
Outreach Program**

New Parent Support Program

Multicultural Program

Victim Advocate Program

**Sexual Assault Prevention &
Response Program**

Parenting, Marriage, Relationship,
Stress Workshops, New Parent
Support Workshops, Playgroups and
Home Visits, Cultural Information
and Support, Classes brought to
your Leadership, Help and Support
for Victims of Assault

Leaders, there are two key training requirements for ORA Inspections:

-Yearly Unit Family Advocacy Program Trainings

Call us and we will come to your unit and tailor this briefing to your particular needs. We can present to battalion, company, or other sized units. Give us 60 minutes notice if you have a cancellation of another speaker and we'll do our best to fill in. Call 396-5521/4175 to schedule a briefing. Unit yearly training is a mandatory requirement.

-Family Advocacy Program briefings to new leaders and their senior NCO within 45 days of assuming command.

This 50 minute briefing is offered once a month at the Soldier Support Center. Check the ACS calendar of events at www.fortbraggmwr.com/calendars/ACScalendar for dates and registration. This is mandatory training for commanders at all levels. Brigade, battalion, or higher commanders call us to arrange a desk-side briefing.



Parenting Workshops:

Kids don't come with instructions but as parents we are expected to have all the answers. All parents want to do the best job they can with their children. The Family Advocacy Program offers a variety of parenting workshops that provide the tools parents need to do that job well. The classes will teach you discipline methods that work, ways to build a loving bond with your child, how to care for your child at different ages and stages, great ways to care for yourself, and how to deal with the stress of parenting.



Marriage and Relationship Workshops:

Designed for both currently married and engaged couples, our couples workshops are interesting and interactive forums that help repair hurting relationships or strengthen already strong ones. Classes include Couples Communication, and Dr. Stephen Covey's The 8 Habits of a Successful Marriage, and The 7 Habits of Highly Effective Military Families.

These one-day workshops are for you if:

- You want passion in your marriage.
- You want to quit playing "tug of war" and want to learn to solve problems better
- You are determined to knock down those walls that build with time and stress.
- You would like to be able to talk together as friends.

Anger, Stress Management, and Other Workshops:

We offer workshops to provide you with skills to help you evaluate, understand, and control your anger and stress. Learn how to stop allowing others or situations from controlling you and your emotions. Also available is a self awareness workshop for spouses. Learn about practical tips that increase your and your family's safety.

All Workshops Offer Limited FREE Childcare. Sign Up Today!

Are you pregnant? Could you use some help with an infant or toddler? Call the New Parent Support Program!

New Parent Support Program has trained nurses and clinical social workers who can offer education and support regarding pregnancy, parenting, and infant care, through home visits, classes, or interactive play sessions. We offer free, voluntary services to military families who are expecting a child or who have children from birth to 3 years of age. Maybe your spouse is deployed or your family is new to the area? We help develop support networks and answer any questions during periods of change or distress. Call 396-5521 for more information or to register for classes!

Multicultural Program:

Our Purpose: We provide a friendly and supportive group of people from many different countries, where you can learn about different cultures, and most importantly the culture of your new home, the United States. Our purpose is to help make you a strong, capable member of the community, and more knowledgeable about all the programs and services available to help you.

How we can help you: Sit down with a Multicultural Program representative and ask how we can assist you in making the United States your home. Do you need to enroll in English as a Second Language Course? Do you need to obtain your driver's license? Are you worried that you may lose your VISA? Do you have any immediate Immigration or Citizenship questions? Do you want to meet other people who share your language or home country? Let us know how we can make living at Fort Bragg and the Fayetteville community a better experience for you.

Sexual Assault Prevention and Response Program:

The Sexual Assault Prevention and Response Program (SAPRP) provides crisis intervention and support services to victims of sexual assault, 24 hours per day, 7 days a week. Trained and professional victim advocates provide a helping hand through support, critical information, and referrals for service on Fort Bragg and in the community. They accompany clients to medical visits, court proceedings, and other appointments as requested. Advocates assist sexual assault survivors in determining what they wish to do and where to get help, whether they choose to report the assault or not. This program also provides education and awareness trainings to active duty members, dependents of active duty members, and civilian contract personnel on how to stay safe and what to do if assaulted.



If you are a Soldier and a victim of sexual assault...

You can get completely private help, without any mandatory police or command notification (Restricted Reporting).

To get this private help contact a Victim Advocate (910-322-3415), a Chaplain (910-396-HELP), a healthcare staff, or the Rape Crisis Center (910-485-7273).



**Soldier Support Center, 3rd Floor, Normandy Drive
(910)396-5521/4175 ; www.fortbraggmwr/acs**