

Address <http://www.fortbraggmwr/sls/sls.php>

# On & Off POST

The Fort Bragg Teen Newsletter



## Profile



Connecting Families, Schools & Communities

### Fort Bragg School Liaison Services

braggschoolliaison@conus.army.mil  
910-432-1008

4th Floor, Room 420  
Soldier Support Center

## News Blog

### Youth Action Councils

Did you wish that Fort Bragg offered more for teens? Do you think you have some great ideas and wished there was some way to get Fort Bragg to listen?



The Youth Action Council is for you! All teens are invited to join their local Youth Action Council and help make changes, plan activities, and speak out for Military-connected teens.

#### Available Youth Action Councils:

Fort Bragg Youth Action Council  
Point of Contact: Shevelle Ramirez, 910-907-5044

Heritage Village Youth Action Council  
Point of Contact: Iris Pierce, 910-396-3338

Linden Oaks Youth Action Council  
Point of Contact: Gerhard V. Guevarra, 910-432-1023

### Culinary Workshops



Teens will learn to plan menus, backward plan time so the meal is completed by a set time, make items from scratch and take recipes home with them. Call 396-5437 for more information. Register early, slots fill up fast! Workshops available from in Sept, Oct, Nov, and Dec.

 **Threatened or Bullied?**  
Call Confidentially to Report  
**396-CARE**

 **Youth Volunteer PROGRAM**  
4 3 2 - 1 0 0 8

**Youth Sponsor PROGRAM**  
New? Get a Sponsor! Here? Be a Sponsor! **432-1008**

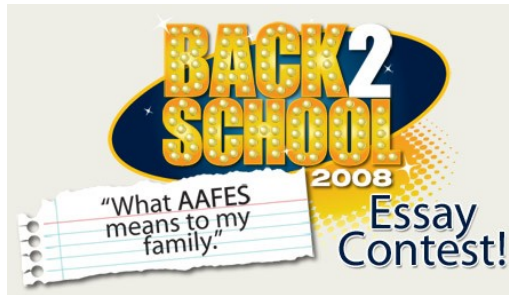


 **JOB SHADOWING OPPORTUNITIES**  
432-1008  
For More Information

 **FORT BRAGG MWR**  
[www.fortbraggmwr.com](http://www.fortbraggmwr.com)  
For more information on other events, programs and activities.

## Back to School Essay Contest

AAFES "Back to School Essay Contest" Offers Prizes In its "Back-To-School Essay Contest," the Army and Air Force Exchange Service (AAFES) is asking students from first through twelfth grade to submit an essay of 200 words or less on "What AAFES means to me and my Family."



The essay contest runs until 31 August, and will consist of four categories: first to third grade, fourth to sixth grade, seventh to ninth grade, and tenth to twelfth grade. There will be three winners from each category.

First place winners will receive a computer, second place winners will be awarded \$500 savings bonds and third place winners will receive \$200 savings bonds. For complete rules and specific instructions on submitting essays, go to <http://www.aafes.com> and click on the "Patriot Family Connection" link.

## Financial Aid and Shopping for College Workshop and Military Academy Fair



First, learn more about choosing the best college for you with representatives from a private university, state college, and technical college. College Foundation of North Carolina will also provide information.

Then stick around as military academy representatives address perspective students. The Military Academy Fair is like a college fair, but the only representatives will be from the US Service Academies and Corps of Cadets schools, and Military Colleges. October 4, 2008.

More info on events: 910-432-1008

## Events

### Family Flix on the Grove

August 23, 2008  
8 PM at the Throckmorton Library Grove  
Movie: Ratatouille

### Paintball

September 13, 2008  
12-5 p.m., Smith Lake. Groups of 12 or more can schedule field time, in advance, on weekdays. Field fee \$10 with your own equipment. Rental packages available. 860-4469.

### Xtreme Bowling

Every Friday. 7 p.m.-12 a.m., Airborne Lanes. Open to the public. 432-6899.

### Life Choices for Teens

October 18, 2008  
9 a.m. - 12:00 p.m., ACS. A class for teens 13-18 years old that gives them the skills needed to make better choices, feel better about themselves, and learn how to avoid peer pressure. The class is interactive with group and individual activities being the focus. To register, call 396-5521.

### Teens Throw Down Saturdays

December 1, 2008  
7 - 10 p.m.  
Fire Antz game, transportation and snacks provided. Parent must register youth at Tolson Youth Activities Center. Cut off to register is the day before the event or until spaces are filled, which ever comes first. 396-KIDS.

### Public Ice Skating

Every Monday, Wednesday and Friday. Cleland Ice Rink. Open to the public. Cost is \$3 including skates. Children age five and under skate for \$1. 396-5127.