

# ATTN!

## FORT BRAGG'S ARMY TEEN TEXTS/NEWSLETTERS

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### SHOPPING FOR COLLEGE

Fort Bragg will be Fair on the same day. Talk to representatives from academies like West Point, the Citadel, Air Force Academy, and Virginia Tech Corps of Cadets. AND Financial Aid Workshop. Panelists will be available from Fayetteville's local colleges to talk about choosing a college that's best for you, attending college as an athlete, and affording college.

There will also be a Military Academies

Fair on the same day. Talk to representatives from academies like West Point, the Citadel, Air Force Academy, and Virginia Tech Corps of Cadets.

Saturday, October 3, 2009

- Shopping for College and Financial Aid Workshop: 1-2 PM
- Military Academies Fair: 2-3:30 PM

Call 910-432-1023 or visit [www.fortbraggmwr.com/sls](http://www.fortbraggmwr.com/sls) for more information.



**Fort Bragg School Support Services**  
braggschoolliaison  
@conus.army.mil  
910-432-1008  
4th Floor,  
Room 420  
Soldier Support Center



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### TUTOR.COM

Have you ever been stuck on a chemistry problem? Maybe your parents are even more clueless about calculus than you are?

What if you can get help for any homework, paper or school project for FREE? What if you could get tutoring for any subject and any test for FREE?

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Just visit [www.myarmyonesource.com/cyss\\_tutor](http://www.myarmyonesource.com/cyss_tutor) to register and enroll



### SHORTS

>Flag Football tournament @ Tolson on September 17 from 6:30—7:30 PM. Must be CYS Services cardholder.

>Teen Trip to Carowinds. Sept. 19, Leaves Tolson at 7:30 AM. 396-KIDS for more info.

>Tat T-Shirt Design Contest. Visit [fortbraggmwr.com](http://fortbraggmwr.com) for more info

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## RESEARCH: TEXTING WHILE DRIVING MORE DANGEROUS THAN DRIVING WHILE DRUNK

What's safer, texting a friend while driving, or downing a few beers and getting behind the wheel? Car and Driver decided to do us all a favor and find out.

"We decided to compare the results of texting to the effects of drunk driving, on the same day and under the exact same conditions," they write. "Not surprisingly, Car and Driver doesn't receive a lot of research grants."

Testing on an airport runway, the magazine mounted a light on the windshield of a Honda Pilot at eye level, in order to simulate the effect of a car in front hitting its brakes. They asked test drivers to drive at 35 mph, then brake to a stop when the light activated. They tested the reaction times of two drivers (one age 22, one age 37), unimpaired, to establish a baseline. "Then we repeated the driving procedure while they read a text message aloud (a series of Caddyshack quotes). This was followed by a trial with the drivers typing the same message they had just received." Finally, they had the same two drivers drink until they reached a blood-alcohol level of 0.08, then tested their reaction times again.

The results? The younger man posted an unimpaired reaction time of 0.45 seconds. Legally drunk, he reacted in 0.46 seconds. But while writing a text, he managed just 0.52, and while reading a text, 0.57.

The older man "fared much, much worse. While reading a text and driving at 35 mph, his average baseline reaction time of 0.57 second nearly tripled, to 1.44 seconds. While texting, his response time was 1.36 seconds." And in case that doesn't sound like much of a difference, they note, "These figures correspond to an extra 45 and 41 feet, respectively, before hitting the brakes." When drunk, the man's reaction time was 0.64 seconds.

From:  
<http://usnews.rankingsandreviews.com>  
June 25, 2009

## COLLEGE ROAD TOUR



Fort Bragg School Support Services and HIRED! is hosting a College Road Tour. This program is open to Military Dependents and Fort Bragg/Pope AFB Employee Dependents for students in grades 9-12. This free program will provide students with a free tour of Fayetteville State University, Fayetteville Technical Community College, Methodist University and UNC Chapel Hill. Participants will learn about admissions, academics, community, financial aid, undergraduate degrees, housing and dining. Participants will also eat on campus for a small fee (students will not dine at Fayetteville State University). For more information, call 910-396-3338.

## HIRED!



The HIRED! Apprenticeship Program provides 15-18 year-old youth with meaningful, professionally-managed career exploration opportunities in Morale, Welfare and Recreation (MWR) operations. The HIRED! Apprenticeship Program offers valuable paid work experience and training to better equip each participant with the skills needed for highly-competitive job market. For more information about the HIRED! Apprenticeship Program, contact Toni McDaniel at 910-396-9275.

## THE ARMY FAMILY COVENANT FOR TEENS



The Army covenant represents a \$1.4 billion commitment in 2008 focused on improving quality of life for Army Families, by standardizing funding for existing Family programs and services, increasing the accessibility and quality of health care, improving Soldier and Family housing, ensuring excellence in schools, youth services and childcare, and expanding education and employment opportunities for Family members.

How does it help teens on Fort Bragg? Through Army Family Covenant, you may be eligible to participate in instructional activities such as karate, piano lessons, and sports for FREE at Fort Bragg Child, Youth and School Services. For more information, call 910-396-8110.